



## Can Over 1 Million Students Be Wrong?

If they're using appearance and performance enhancing drugs - primarily anabolic steroids or over-the-counter dietary supplements - then the answer is a resounding YES!

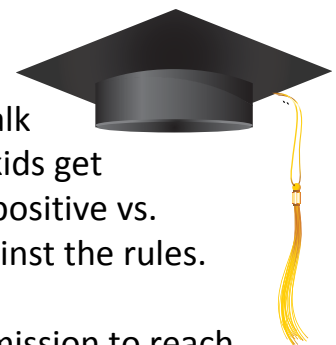
Yet, the chart below shows just how many are making the ill-informed decision to use them!

	<i>Drugs</i>	<i>Percent usage</i>	<i>Age Group</i>
1.	Protein Supplements	35%** >9.4 million students	<u>Middle School</u> and HS
2.	Alcohol	14%*	Current users (age 12-17)
3.	Other muscle-enhancing Supplements	11%** >2.9 million students	<u>Middle School</u> and HS
4.	Marijuana	7.4%*	Current users (age 12-17)
5.	Anabolic steroids	5.9% boys / 4.6% girls** >1.5 million students	<u>Middle School</u> and HS
6.	Psychotherapeutics (non-medical users)	3.0%*	Current users (age 12-17)
7.	Methamphetamines	1.4%***	8 <sup>th</sup> – 12 <sup>th</sup> Graders (2011)
8.	Inhalants	1.1%*	Current users (age 12-17)
9.	Hallucinogens	.9%*	Current users (age 12-17)
10.	Heroin	.3%*	Current users (age 12-17)
11.	Cocaine	.2%*	Current users (age 12-17)

\*Source: SAMHSA (US Dept. of HHS) – 2011 report; \*\* Source: University of Minnesota Study, 2012; \*\*\*Source: Monitoring the Future survey

Many people think testing - or the threat of testing - is the answer. But testing alone, unless it's Olympic-quality testing, is not enough. Education is critical!

Unfortunately, a study by Proctor & Gamble showed that 85% of High School aged kids have never had a parent, teacher or coach talk to them about the dangers of these drugs! And even when these kids get to college, the message is more about the ramifications of testing positive vs. why they shouldn't be using these substances, even if it wasn't against the rules.



That's why we at the Taylor Hooton Foundation have made it our mission to reach as many kids and their adult influencers as possible with our message!

