

STEROID ASSIGNMENT

Using information from the video “Steroid in Sports”, information from class and information from the website www.taylorhooton.org create an informative poster or brochure on steroids/supplements for teens.

Must Have's:

- **What are anabolic steroids?**
- **8 physical effects steroids can have on your health**
- **6 signs of steroid abuse**
- **Why do kids use anabolic steroids or supplements?**
- **Are steroids more dangerous to teens than adults?**
- **Can steroids cause permanent damage?**
- **What are the risks associated with creatine/supplement use?**
- **Additional information from internet, videos, articles**

Your poster/brochure should be informative, creative and eye-catching.

See attached rubric for assessment



PAF 30 STEROID/SUPPLEMENT ASSIGNMENT RUBRIC

Knowledge & Understanding (40mks)

DEFINITION OF ANABOLIC STEROID/ 5mks

- a) States a thorough definition of ANABOLIC STEROIDS

PHYSICAL DANGER OF ANABOLIC STEROIDS____/8mks

- a) Outlines 8 physical dangers of using anabolic steroids.

SIGNS OF STEROID ABUSE /6mks

- a) Identifies 6 signs/symptoms of steroid abuse

DANGERS OF STEROID USE AMONGST TEENS /3mks

- a) Clearly describes the dangers of steroid use to teen users.

MOTIVATION FOR STEROID USE /4mks

- a) Identifies why teens may choose to use steroids despite the dangers to their health.

PERMANENT HEALTH ISSUES? /4mks

- a) Clearly states whether steroid use can cause permanent health damage and how?

CREATINE/SUPPLEMENT USE /10mks

- a) Identifies health risks associated with creatine/supplement use.

Communication /20mks

Overall Presentation

- a) Brochure/Poster is creative, eye-catching and includes a good mix of graphics and written information /10mks

Thinking & Inquiry /10mks

- a) Uses thinking skills with a high degree of effectiveness and creates a highly informative poster /5mks
- b) Applies all of the skills involved in the inquiry process (interprets information correctly and overall planning). Planned and organized a highly effective layout for the poster.pl, /5mks

Application /20mks

- a) Used class time effectively and stayed on task without reminders from the teacher. /10mks
- b) Submitted project on time. /10mks