

Physical Education Policies and Procedures

The following is an outline of grading procedures, requirements, and policies students will be asked to follow:

Grading: 5 points are earned daily for:

- 1.) Proper attire (see below for uniform guidelines)
- 2.) Punctuality (be on time)
- 3.) Behavior (profanity will not be tolerated)
- 4.) Participating in warm-up (running laps, stretching, activities, etc.)
- 5.) Active participation in activities
- 6.) Sportsmanship/attitude
- 7.) Following directions

Assessment:

70% Term	30% Final Summative Evaluation
1.) Skill acquisition	
2.) Participation	
3.) Effort	
4.) Written tests	

Absences:

Attendance is key for success. Please advise the teacher prior to any planned absences to coordinate missed activities/assignments, tests, quizzes, etc.

Excused Absence:

If a student misses a quiz or test, the student will write the following day. Parent/guardian will be contacted directly by teacher if a note is to be provided.

Absence due to truancy:

The student will receive a zero for the missed quiz/test due to truancy.

Late Assignments:

For every day late, 10% will be deducted from the late assignment until submitted or a mark of zero is received or assignment is handed back. If an assignment is completed in Credit Recovery, then it will only be given a maximum mark of 50%.

Uniforms:

- 1.) Students must wear a Essex uniform (\$21) - reversible jersey, shorts, socks, and gym shoes.
- 2.) During cool weather when classes are held outside students are required to wear warmer clothing such as sweat pants, sweatshirt.

Changing Room Rules:

- 1.) Change quickly and report to the gym.
- 2.) Lock up all personal belongings everyday. DO NOT leave them in the changing room.
- 3.) Respect other students
- 4.) Theft will not be tolerated.

- 5.) Last person in change room is to remove the key and give to instructor. Do not leave the key in change room.

Extracurricular Activities:

- 1.) An activity fee will be collected for extracurricular activities. Such as dance, skating, etc.
- 2.) A note will be provided to parent/guardian describing the activity or event along with the fee and permission form.

Additional Information:

- 1.) In the interest of the students' safety, no food, gym or candy is to be consumed in the gym or outdoors during physical education. Water only.
- 2.) Students are expected to participate actively each class. If illness or injury should occur, an assignment will be completed.
- 3.) Physical education is a class that has a certain amount of strenuous activity. For the reason of health, safety and hygiene, a dressing policy will be enforced. This policy states that any individual not dressed properly will receive a zero for that day. Also, the student will complete an assignment of walk the track or assigned a job around the school.
- 4.) Three no dresses will result in a phone call home. Students will also be sent to room 116 for the period.
- 5.) If a student comes unprepared for class, find a to borrow.
- 6.) I-pods are only to be used when students are participating in training runs.
- 7.) A health binder is required during health classes.
- 8.) Students will be required to swim. NO EXCUSES. A medical not must be provided if a student does not participate.
- 9.) Substitute teachers are to be treated with maximum respect. Any poor behavior reported by a substitute teacher will be dealt with immediately upon the return of the primary instructor and the consequences will be more severe than if the misbehavior had occurred while he/she was there.
- 10.) For safety of yourself and other students, you must ask permission to leave the
gymnasium or field of play
- 11.) All students will remain in the cafeteria until dismissed by the bell. Students failing to
remain in the café will be marked truant.
- 12.) Abuse, destruction or misuse of physical education equipment will not be tolerated.
- 13.) Obscene language, gestures, harassment or disrespect will not be tolerated.

Email Communication:

To better ensure the success of your son or daughter we are encouraging parents to provide their email address so their child's teacher can communicate their progress,

upcoming events, tests, quizzed and any other necessary information. However, we ask that you please do not respond to those general emails and if you have any comments and concerns that you follow up over the phone during school hours at 519-776-7344.

Parents Email Address:

Students Signature: _____ Date:

Parent Signature: _____ Date:
