

MENTAL HEALTH ASSIGNMENT PA130F

Mental illness is a serious societal issue. As many as 1 in 4 people suffer or will suffer at some point in their life from a mental illness. Due to the lack of public awareness of mental illnesses, many people who are suffering go untreated or are incorrectly diagnosed for many years before they receive the treatment they need.

Choose 3 mental health disorders from the list below. Put a check beside the disorders you have chosen. Complete the chart and the questions for each disorder.

- Generalized Anxiety Disorder
- Social Anxiety Disorder
- Phobia
- Panic Disorder
- Obsessive Compulsive Disorder
- Attention Deficient Hyperactivity Disorder
- Post Traumatic Stress Disorder
- Bipolar Disorder
- Seasonal Affective Disorder
- Post-partum Depression
- Psychosis
- Multiple Personality Disorder
- Schizophrenia
- Substance Abuse

Answer the following questions for each disorder you have chosen.

K&U 9mks

- What is the characterization or **definition** for each of the mental illnesses you have chosen? 2mks/each=6mks
- How many people are affected by the mental illnesses you have chosen? 1mk/each=3mks

MENTAL ILLNESS _____

10MKS/CHART=30MKS TOTAL

Symptoms	Treatment	Causes

MENTAL ILLNESS _____

Symptoms	Treatment	Causes

MENTAL ILLNESS _____

Symptoms	Treatment	Causes

COMPLETE THE FOLLOWING QUESTIONS T&I=16mks

1. Define "stigma". 2mks
2. What are some negative things you have heard about people with mental illness? 3mks
3. Why do you think people with mental illness are stigmatized? 2mks
4. Can you think of any other health conditions or social issues that have been stigmatized throughout history? 3mks
5. How do you think stigma affects the lives of people with mental illness?
3mks
6. What can be done to change societal attitudes towards mental illness?
3mks

