

PA130F MENTAL HEALTH ASSIGNMENT

NAME: _____

ARTICLE “EARLY WARNING SIGNS ABOUT CHILDREN’S MENTAL ILLNESS NOT EVIDENT TO MANY CANADIAN PARTENTS”

1. What percentage of Canadian parents are concerned about the mental health of their children?
2. What is the most common children’s mental health disorder?
3. List 5 of the warning signs of mental illness in children.
4. Of parents surveyed with a child diagnosed with a mental illness, what was the wait time to receive this formal diagnosis and treatment?

ARTICLE #2

EARLY SIGNS OF MENTAL ILLNESS

1. List 5 of the behaviour signs that indicate a child is at risk or in the early stages of schizophrenia.

ARTICLE #3
TEENS AND MENTAL ILLNESS

1. What are the 5 most common mental illnesses in teens? (5mks)
2. What are the most common reasons why teenagers develop mental health issues? (4mks)
3. What is the most common mental health issue found in teens? (1mk)
4. What are the most common signs and symptoms of teen depressions? (5mks)
5. Why is teen mental health treatment so important? (3mks)

ARTICLE #4

STIGMA STILL A BARRIER

1. How does the “stigma” of being diagnosed with a mental health issue continue to be a significant barrier in the early intervention and treatment of the disorder (2mks)

ARTICLE #5

MENTAL HEALTH; BOUNCE BACK FROM ADVERSITY, TRAUMA AND STRESS

1. Define Resilience.

2. How can you build resilience and how can you improve your mental health (9mks)