

## **Body Image**

/25MKS

PAI20F

NAME: \_\_\_\_\_

1. What is body image? 2mks
2. How does the media play a role in developing negative body image amongst girls/women? 3mks
3. What messages do the media send us in relation to how we should look and act? 4mks
4. What can the media do to promote positive body image in our society or help impact the issue in a positive way? 3mks
5. Are people who fit society's beauty and appearance ideals less likely to experience negative body image? Explain. 2mks
6. Are body image problems something that every teenager experiences? Explain. 2mks

7. Will losing weight improve a person's body confidence? Explain. 2mks
  
8. Do body image issues affect males? Explain. 2mks
  
9. How can young people improve their body confidence & promote positive body image? 5mks