

SEXUALITY & U BIRTH CONTROL

Go to www.sexualityandu website

Click Contraception, click non-hormonal methods

For each non-hormonal birth control method complete the chart.

Contraceptive Sponge

What is it? 4mks	
How does it work? 4mks	
Disadvantages 5mks	
Where to find it 2mks	

Spermicide

What is it? 4mks	
How does it work? 3mks	
Disadvantages 4mks	
Where to find it? 2mks	

Male Condom

What is it? 4mks	
How does it work? 3mks	

Disadvantages 4mks	
Where to find it? 1mk	

Female Condom

What is it? 4mks	
How does it work? 4mks	
Disadvantages 5mks	
Where to find it? 1mk	

Go to Hormonal Methods & complete the charts below.

Oral Contraceptive

What is it? 5mks	
How does it work? 5mks	
Disadvantages 5mks	
Where to find it? 1mk	

Contraceptive Patch

What is it? 5mks	
How does it work? 5mks	

Disadvantages 5mks	
Where to find it 1mk	

Intra-Uterine System

What is it? 5mks	
How does it work? 5mks	
Disadvantages 5mks	
Where to find it. 1mk	

